



## May E-Letter

### In This Issue

[May Dates](#)

[Storm Game](#)

[Moyer Foundation](#)

### Quick Links

[CYO Athletics Website](#)

[CYO Athletics Blog](#)

[E-Letter Archives](#)

### About Us

For more information about the Office for Youth and Young Adult Ministry, visit us online at [www.seattleoyyam.org/](http://www.seattleoyyam.org/)

**Dear CYO Athletics Community,**

"Do you not know that the runners in the stadium all run in the race, but only one wins the prize? Run so as to win. Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one." - 1 Corinthians 9:24-25

In the coming of Easter, we celebrate the ultimate victory, that of life over death - the imperishable crown of salvation. St. Paul used sports metaphors to make clearer the call of discipleship to the early Christians. Of course, coming out of the Lenten season where we have been practicing our disciplines of fasting, almsgiving and praying it may be easier for us to see how the discipline of being an athlete correlates to that of being a disciple.

And yet, I don't think we always fully recognize the relationship between the two. We often see the victory on the scoreboard as the final assessment and yet it is only part of the story. The full meaning of our achievement is framed in how we did it. Did we recognize and maximize the gifts that God has given us? Did we fully express the Gospel values in how we treated others along the way? What I appreciate most about the scripture from Corinthians is that it tells us we should strive to win - that we should give it our all. And yet, Paul draws the comparison between the perishable crown (glory, fame, money, trophy) and the imperishable one (salvation and eternal life). Run so as to win, in the spirit of what it means to be a disciple: that our victory, however we experience it should be informed by the values of our Christian faith.

In this way, sports and spirituality are intrinsically linked to one another because mind-body-spirit cannot be separated and that in fact the experience of sports can bring an integration of the three such that we can achieve a state of being that at its highest level, we enter into a zone of ultimate performance.

Here is a link where Fr. Pat Kelly, S.J. from Seattle University discusses this topic: <http://vimeo.com/stm/body-mind-spirit>

Let us pray that especially during this Easter time that we might challenge ourselves and our youth to strive for the imperishable crown so that we and they might achieve champion status and our victory may be lasting in the eyes of the Lord and everlasting for us.

~Tauno Latvala  
Director of CYO Athletics

---

## May - Important CYO Athletics Dates

**May 7** - Track Qualifying Meet @ SW Complex

**May 8** - 8th Grade Pentathlon @ West Seattle Stadium

**May 8** - Baseball Season Ends

**May 11** - Baseball Playoffs Begin

**May 13** - Adult Softball Team Registration Deadline

**May 14** - Track Individual Championships @ SW Complex

**May 21** - Track Team Championships @ SW Complex

**May 22** - Baseball Championships @ Walt Hundley (High Point)

**May 24** - Spring AD Meeting @ the Chancery

**May 25** - Adult Softball Coach Meeting @ the Chancery

---

## Opening Day is June 4. Where Will You Be?



The Seattle Storm are extending an invitation to all CYO Athletics players, coaches, families and friends to attend their Celebration of Champions on Opening Day, **Saturday, June 4th at 12pm. vs. Phoenix Mercury.** Join a sold-out crowd for an unforgettable experience for all, highlighted by the Championship ring ceremony and the unveiling of the 2010 WNBA Championship Banner. **Receive an exclusive discounted ticket offer (\$15) for this game** as a participant, team, family and friend of CYO Athletics!! Please visit <http://www.wnba.com/storm/cyo.html> to reserve your tickets for this unforgettable experience! Seats are going quickly, so secure your seats now to watch the 2010 WNBA Champions in action!

Also, mark your calendars for the Storm's Faith and Family Night on Sunday, August 28th at 6 p.m. vs. Los Angeles! More information to follow!

## Moyer Foundation Annual Giving Luncheon

The Moyer Foundation presents their annual giving luncheon on May 9th: Philadelphia Eagle's Long Snapper Jon Dorenbos to receive 2011 Humanitarian Award. [Click Here to view the press release](#), or [Click Here to view the PDF of the Invitation](#).

*\*Please note, this organization is independent and is not part of the Corporation of the Archbishop of Seattle. They are not sponsored, directed, administered or managed by the Archbishop of Seattle, pastors or archdiocesan staff.*

Thank you for your commitment to CYO Athletics. If you have not received past E-Letters, they can be found on our website by [clicking here](#). Please also continue to send us stories at [cyo@seattlearch.org](mailto:cyo@seattlearch.org), the moments of grace that make our program special, and remind everyone why we do the work we do.

Sincerely,  
CYO Athletics  
Office for Youth & Young Adult Ministry, Archdiocese of Seattle