



October E-Letter

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About Us

For more information about the Office for Youth and Young Adult Ministry, visit us online at www.seattleoyyam.org/

Dear CYO Athletics Community,

Maybe it is the turn in the weather or perhaps it is the scripture references related to vineyards and producing fruit but either way, we are keenly aware that Fall is here. Ok, so with the Summer we had, perhaps we are fortunate that Jesus spoke in parables to alert us to the start of Fall...

In this coming weekend's Gospel, Jesus is challenged by the Pharisees regarding the payment of the census tax. Jesus' response to "repay to Caesar what is Caesar's and to God what belongs to God" is an important reminder for us all as to the intentionality required of us in stewardship.

There are many ways, both individual and communal, for us to give back to God what we have been given and to be good stewards of the gifts that we have been entrusted with. We are fortunate in CYO Athletics to have literally thousands of volunteers who use their gifts of time and talent to serve many different roles to make the program what it can be for our youth.

As a faithful people, one of the best ways we can give back to God what belongs to God is to honor the Sabbath. We know from Mark 2:27 that "(We) are not made for the Sabbath, the Sabbath is made for (us)". God knows that we need the intentionality of the Sabbath in our lives and asks that we honor it not because of God's own need to be worshipped but because God knows we need it to be the Christians we are called to be.

In the Catechism of the Catholic Church, it states that the Sabbath should be reserved for:

1. Worship owed to God - making time for prayer is important but especially in this time of technology that can isolate us, the communal expression of prayer through the Mass is critical.
2. Joy proper to the Lord's Day - living with a grateful and enthusiastic heart.

3. Works of mercy - making room for and serving others brings the face of God to our day.

4. Relaxation of mind and body - time away from our daily obligations and responsibilities renews us and gives us perspective. God wants us to play!

Given the context of the above, one might ask why does CYO Athletics do games or meets on Sundays?

Part of the answer is logistical. We do not start any games or meets on Sunday until at least noon so that participants can participate in Mass. But because of the size of our program and the limited access we have to facilities, the scheduling and programming reality is that we have to do some of our activities on Sundays.

The greater answer, however, lies in our own individual and communal response to the Sabbath through CYO Athletics. If we and our youth engage our series of games and meets as another obligation and responsibility, then yes, doing these on Sunday is problematic. However, if we do so in a way that is a complete reflection of the gifts that God has entrusted to us, then we are not only honoring God, we are also observing the Sabbath. We are acting as good stewards and returning "to God what belongs to God".

1. Do we acknowledge and make room for God's presence wherever 2 or more are gathered in His Name so that we reflect 'the Great Commandment' through word and deed, which is to love our Lord with all our heart, soul and mind and love our neighbor as ourselves?

2. Do we do all things with great love, bringing joy and enthusiasm to the experience?

3. Do we exhibit care and compassion for all people involved in the event?

4. Do we contribute to and participate in an environment that allows our young people to lose themselves in the experience and forget their anxieties, worries and troubles? Do we allow them to play? To have fun?

For more information on how parents can be part of a Champion Committee, helping to create the right environment for games [click here](#).

In the end, there are many lessons for our young people to learn from athletics; lessons of character development and moral decision making, of teamwork and commitment, of work ethic and responsibility. And yet, we cannot lose ourselves in the lessons and forget that sport is play. It is supposed to be FUN. It can be formational and enjoyable. It is what God both wants and provides for us in the Sabbath. There are few opportunities where representatives of our diverse communities can gather together to share in the common experience to allow our youth to live out their faith in a tangible way, us adults to model the same and for all of us to have fun doing so.

The opportunity is there, it is our intention and our attention that determines whether we are good stewards of what God has entrusted to us and whether it bears fruit or not.

May we all be mindful of the four elements of the Sabbath and bring them to bear on the experience of our youth through CYO Athletics and beyond so that they may grow to become the disciple that God has called them and gifted them to be and that through it all, we may all have fun.

Blessings on a bountiful harvest,

~Tauno Latvala
Director of CYO Athletics

October - Important CYO Athletics Dates

- October 9** - K-3 Cross Country Championship Ribbon Run
- October 9** - Postgame Youth Soccer Clinic at Seattle U (See Below)
- October 14** - CYO Athletics Basketball Team Registration Deadline
- October 15** - Faith & Family Night, Seattle Sounders FC (See Below)
- October 16** - 4th-8th Grade Cross Country Championship
- October 22** - Basketball Coaches Clinic with Seattle U (See Below)
- October 23** - Postgame Youth Soccer Clinic at Seattle U (See Below)
- October 29** - Soccer Regular Season Ends (Playoff Brackets posted)
- October 30** - Soccer Playoffs Begin

Seattle University Soccer Postgame Clinics

Seattle University Men's and Women's Soccer teams have prepared some great games and events for CYO Athletics soccer families.

Postgame Youth Clinics - At Championship Field

Oct. 9th - 1:00pm game, SU Women vs. Hawaii

Oct. 23rd - 1:00pm game, SU Men vs. UNLV

Autograph sessions with players will be available after all home matches.

Seattle Sounders FC Game 10/15



The CYO Athletics community has been offered discounted tickets for the final regular season game on October 15th at 7:30pm. This will be Kasey Keller's final regular season home game, and to celebrate, Seattle Sounders FC have opened the upper bowl for discounted group tickets. Follow [This Link](#) and enter the Code "**Sounders**" to purchase \$10 tickets to this game. It is also Faith and Family night presented by Run To Win, and there will be a pre-game gathering at the WAMU theatre starting at 4:45pm featuring Christian athletes, speaking about how their faith has shaped their sport experience. Afterwards, families are invited to Pioneer Square to join the "March to the Match". See below for event details:

SCHEDULE OF EVENTS

- 4:45PM** **Run To Win Pre-Game Rally**
WAMU Theatre ~ 800 Occidental Ave S
Seattle, WA 98134
- Testimonials** by key Sounders Team Players.
Music featuring EVERFOUND, a Christian Rock Band based in Denver.
- 6:00PM** **Join the "March to the Match" with fellow Sounders Fans.**
- 7:30PM** **Sounders take on the San Jose Earthquakes at the CenturyLink Field.**

Basketball Coaches Clinic with Seattle U, 10/22

CYO Athletics basketball coaches have been invited to a FREE basketball coaches clinic offered by Seattle University's Women's Basketball team at Connolly Center on October 22nd. Presenters include Joan Bonvicini (Seattle University), Cathy Crosslin (InStar Performance), Kevin McGuff (University of Washington), Kristen O'Neill (Seattle University), and Jim Sollars (University of Portland).

Program Description: Seattle U Women's Basketball Coaching Clinic

will feature 4 collegiate coaches and a mental performance coach from the Pacific North West region: Joan Bonvicini speaking on practice drills, Cathy Crosslin speaking on team building and performance enhancement, Kevin McGuff speaking on pack line defense, Kristen O'Neill speaking on individual skill work, and Jim Sollars speaking on choosing the right zone defense for your team's personnel.

To Register Click Here: <http://www.coachbonvicini.com/#!/coaches-clinic>

Information Contact: Caitlin Kimura (206) 296-2631
kimurac@seattleu.edu

Catholic Schools Basketball Classic: SU Men's Basketball vs. USF November 19th @ Key Arena

Come celebrate and support Catholic Schools in Western Washington! The Fulcrum Foundation has partnered with Seattle University to offer the second annual Catholic Schools Basketball Classic.

Who: Seattle U Men's Basketball team vs. University of San Francisco

When: November 19th @ 3:00pm

Where: Key Arena, Seattle

What: Tickets can be purchased for \$12. Proceeds will support Catholic schools in the Archdiocese of Seattle: 50% benefits your school/parish directly and a portion supports Fulcrum's programs for families and schools in need.

How: Order tickets by calling Seattle U at 206-296-2835, and make sure to tell them what school/parish you're from. You can also order online by going to <http://www.fulcrumfoundation.org/basketball>.

It is also a double header, with the SU women playing right after the men and there is no additional cost for that game.

Questions? Call the Fulcrum Foundation office at 206-748-7988.

2nd CATHOLIC SCHOOLS BASKETBALL CLASSIC
PROCEEDS BENEFIT CATHOLIC SCHOOLS IN WESTERN WASHINGTON

SEATTLE UNIVERSITY REDHAWKS vs. UNIVERSITY OF SAN FRANCISCO DONS

**NOVEMBER 19, 2011, at 3 PM
KEY ARENA, SEATTLE**

Presented by:   

Dads and Daughters Event Series

The University of Washington is once again offering their Dads and Daughters Event Series for upcoming athletics contests this year.

Click here for more information:

<http://www.gohuskies.com/genrel/kjr-dads-daughters.html>

Thank you for your commitment to CYO Athletics. If you have not received past E-Letters, they can be found on our website by [clicking here](#). Please also continue to send us stories at cyo@seattlearch.org, the moments of grace that make our program special, and remind everyone why we do the work we do.

Sincerely,
CYO Athletics
Office for Youth & Young Adult Ministry, Archdiocese of Seattle